

Monday/Wednesday Seminars – DVC Fall 2016

Foreign Language Lab	Rosetta Stone foreign language course. You will be taking your language online using Rosetta Stone with the support of a teacher in the classroom. You must complete 2 years of foreign language (3 recommended) to complete your graduation requirement, and should make this your selection for either M/W or T/Th unless you have made other arrangements with Nathan.
CSUDH College Course COLLEGE COURSE	<u>This is a college course offered through Cal State Dominguez Hills. You will receive a college transcript with this course listed after successful completion.</u> <u>12th graders and 11th graders only.</u> CSUDH is offering a choice of four different college course options this semester. You can sign up for philosophy, sociology, physics and art. All syllabi and signup sheets are in the main office, and classes started the week of 8/22, so sign up for this seminar if you have enrolled in a CSUDH course.
Rob's US History College Course	Sign up for this seminar if you plan on taking Rob's college US History course. This seminar will take place on Mondays and Wednesdays during seminar, and be jointly taught by Rob and Dr. Weatherford.
Jason's Resource Seminar	Select this if you would like to be in Jason's resource seminar on Monday/Wednesday
Rock Band	In "Rock Band," students ranging from absolute beginners to budding rock stars, will be provided group instruction on the various instruments comprising the modern rock band-guitar, bass, drums, vocals, and keyboards. Students will garner and understanding of basic music theory and technique, as well as participate in regular classroom and public performance showcases.
Work Experience	<u>12th graders and 11th graders only</u> Da Vinci Communications students have the opportunity to participate in the Work Experience Program, where they spend a semester working after school at a local business two days a week (unpaid). This assignment teaches students the discipline and professionalism needed to seek and succeed in a first-time job, and gives students real world learning to include on their college applications and resumes. The 45 businesses that host Da Vinci students are large corporations, retail stores, hotels, small businesses, medical facilities, schools, and non-profit organizations.
Peer Mentors	<ul style="list-style-type: none"> • Learn organizational skills for yourself • Mentor peers and guide them through academic content • Build DVC culture through academic success • Learn leadership skills
Study Hall	Need a quiet space to study and do your homework? Join study hall, and feel the freedom of your evenings open up with some of your homework completed before you leave campus.
Student Athlete Seminar	For students who are on DV Wolves Sports teams. Students will have the ability to work on their assignments, receive extra help if needed, and participate in regular progress reports and grade checks.
Board Games	Forget the games on your phone or computer! Participate in "Old school" games (that also require creative thinking and problem solving) like Scattergories, chess, checkers, or Cranium.
Dance Team	This seminar offers a healthy, fun, energetic way to express yourself and let off some steam! It will boost your confidence, and you'll be part of a team of skilled performers. Be prepared to perform at CD and other community events! Bring water and clothes you can move in.
Cardio Fitness Seminar	Do you want to get in shape, learn new exercises, and have fun? In cardio fitness seminar, we will learn new cardio workout routines each week! Our exercises will include cardio circuits, kickboxing, dancing, and playing team sports. Come work out with us, and get ready to sweat!
AP Spanish and Culture	The AP Spanish Language and Culture seminar emphasizes communication by applying the interpersonal, interpretive, and presentational modes of communication in real-life situations. This includes vocabulary usage, language control, communication strategies, and cultural awareness. The AP Spanish Language and Culture course strives not to overemphasize grammatical accuracy at the expense of communication. Students who take this seminar will be able to develop Spanish language proficiency and the ability to understand the products, practices and perspectives of the cultures where Spanish is spoken. To best facilitate the study of language and culture, the course is taught almost exclusively in Spanish.

<p>Art Portfolio Development</p>	<p>In this seminar you will work on fine tuning your skills. You will have the opportunity to work on independent art projects of your choosing for your personal portfolio. You will also have the opportunity to develop a strong professional art portfolio, which you can submit to future jobs or for college interviews.</p>
<p>The History of Hip Hop</p>	<p>The History of Hip Hop will trace hip-hop from its 1970s origins in the Bronx, New York to its position worldwide, focusing on historical progression as well as examining important social issues embedded in the culture and music. The seminar offers a chronological assessment of hip-hop’s progression, while examining various issues regarding race, class, violence, and gender. Students will be presented with an array of important films, audio, and readings that will enhance their understanding of the culture and its importance. Lessons will discuss the artistic merits of one of contemporary America’s most popular forms of expression – hip-hop.</p>
<p>ACT Prep</p>	<p>The ACT (or SAT) is an essential part of your college application. If you would like to raise your ACT score, enroll in ACT prep. This course will be taught by an outside ACT tutor, and consist of lectures and practice on all sections of the ACT.</p> <ul style="list-style-type: none"> • You will be expected to complete two practice ACT exams at home in this course – this is the best way to prepare for the ACT. • This course will best prepare you for the December ACT exam, so we encourage you to register for the December ACT if you are taking this course.
<p>Mindfulness and Yoga</p>	<p>Based on the popular Search Inside Yourself course taught at Google, we will be reading and discussing the text of the same name; this course will creatively blend the ancient meditative practice of mindfulness with the contemporary field of emotional intelligence. Additionally, we will learn the foundational yoga poses focusing on basic safety and working towards a development of vinyasa flow. Come prepared to train your mind and body.</p>
<p>Current Events Socratic Seminars</p>	<p>Want to discuss current events and learn about the world each Tuesday and Thursday? Each seminar class we will find a new fascinating story or current event to read about and discuss as a class, Socratic seminar style.</p>

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Yearbook	Be a member of DVC's yearbook staff for our groundbreaking DVC-only yearbook! <u>Have Fun:</u> Take photos, Write, Be a part of a great community. <u>Get Creative:</u> Design, Imagine, Create. <u>Gain Experience:</u> Lead, Strengthen your college application, Influence how students remember the school year for decades to come. Join yearbook!
Jason's Resource Seminar	Select this if you would like to be in Jason's resource seminar on Monday/Wednesday
Gilbert's Resource Seminar	Select this if you would like to be in Gilbert's resource seminar on Monday/Wednesday
Reality TV and Society	Do you keep up with the Kardashians? Are the Real Housewives real? Reality television has important relevance for sociological studies because of its assumed relationship to the real world, as well as social representation. In this seminar, students will examine reality television shows for their sociological impacts. We will analyze the messages about race, class, and gender that are perpetuated through popular shows, and discuss the impacts of reality television on modern society.
Music Production	"Music Production" is a seminar where students with no prior musical experience can acquire a basic musical understanding, and generate original music for commercials, soundtracks, and songs. More advanced students will have access to Apple Logic Pro X, a Digital Audio Workstation (DAW) widely used by professionals in the audio recording, television, and film industries.
Weightlifting	Get strong for sport and life. Track athletes, NFL player, Beyonce, J Lo and Wolverine all use the same fundamental weight training moves. We'll learn these exercises, follow a simple but effective program, and talk nutrition to reach health and fitness goals.
Study Hall	Need a quiet space to study and do your homework? Join study hall, and feel the freedom of your evenings open up with some of your homework completed before you leave campus.
Mindfulness and Yoga	In this class, the eight limbs of Yoga will be explored. Emphasis will be placed on asana practice, breath work, and meditation practices all accessible to the beginner student. Practitioners of all levels are welcome to explore the different components of the Yoga practice that can allow mind, body and spirit to find peace, calm and ease.
SAT Prep (math)	SAT prep is a seminar designed to support students studying for the SAT. The seminar includes a variety of preparation activities including direct instruction, group work, and practice SAT testing. This seminar is only open to 11th graders. All students will be required to purchase an assigned SAT prep book. Any student with financial burden should contact administration with any questions.

<p>Lyrical Legacy</p>	<p>This class is for those who are interested in combining both poetry and the style of hip-hop through various exercises and creative writing techniques. This class will also delve deep into the music production aspect of modern day Hip-Hop, stretching content over DJ-ing and mixing Hip-Hop songs plus various other genres on a live turntable; and the production side to beat making, sampling and much more on sophisticated programs i.e. Serato DJ, FL Studio 12, Audacity and more! Curriculum includes: Creative Writing/Poetry, Music Production Mastery, DJ Mastery, Song Structure/Creation, Music Promotion, and Performance Practice.</p>
<p>Art-reprenuer</p>	<p>Do you want to be a part of Da Vinci’s first art convention? Then join this seminar to get the opportunity to sell your work and expose your artistic abilities to your fellow peers and community members! In this seminar, you will be able to work on your artwork, get feedback from your peers, learn about some artists in social media, create your own art business, and unleash the depths of your creative mind.</p>
<p>Mindfulness Meditation for Everyone</p>	<p>Reduce your personal stress. Get smarter. Learn more about mindfulness and meditation, and practice with others. We will explore free apps you can use after the class is over as well, as a variety of meditation techniques.</p>
<p>Archery</p>	<p>In the seminar you will learn how to participate in Archery. The fundamentals of archery and how to use and care for equipment, basic safety, techniques and fundamentals of shooting but best of all have fun.</p>
<p>Social Justice: Inquiry, Design and Action</p>	<p>In this seminar, students will focus on exposing and ending social inequalities by learning about the intersections of identity which may include gender, sexual orientation, socio-economic class, race, nationality, and/or disabilities. In fostering a better understanding of social inequality, students will dive into their own inquiry of how they could design and implement social change.</p>
<p>Basketball</p>	<p>This course is designed to introduce the basic fundamentals of basketball - passing, dribbling, shooting, and communication. Students also learn the rules, strategies, and proper etiquette as well as an appreciation for a lifetime activity. The scientific foundations of strength training will also be included in this course. The ability to perform the fundamentals will be demonstrated in game situations.</p>
<p>Chess</p>	<p>Develop your strategic thinking skills by solving puzzles and competing in class tournaments. This course will blend challenges based on historically great game situations, timed tournament play, and focus strategies to train the mind. All skill levels are welcome.</p>
<p>Polygraph Woodburn Art</p>	<p>Make art by burning wood, like this:</p> 