

Need Someone To Talk To?

**Call
Telehealth
Now!**

866.740.6502

**We provide online therapy and
counseling in English and Spanish**

**Anxiety
Depression
Drug/Alcohol Use
Grief And Loss
Relationships
Trauma**

**Available
Monday-Friday
8am to 7pm PST**

**12 Individual
Sessions Free!**

USC
**Suzanne
Dworak-Peck**
School of Social Work

Telehealth

Telehealth is a virtual, outpatient behavioral and mental health clinic that uses videoconferencing technology to provide evidence-based care.

Services

Telehealth provides therapy in English and Spanish for children, youth, adults, couples and families. The clinic helps those with mild to moderate psychosocial problems, as well as those with more serious behavioral health problems.

How it Works

Telehealth provides clients with live, “face-to-face” tele-behavioral and mental health services. The provider and client connect from separate locations via a computer, laptop or tablet. Clients can join their virtual sessions from a private location such as their home or in professionally supervised offices called “tele-suites.”

Safe, Secure & Easy

Telehealth uses a sophisticated yet easy-to-use videoconferencing platform that is HIPAA-compliant and meets all federal security guidelines for encryption. Users simply need access to a computer or iPad less than 5 years old with a web camera, mic and speakers, as well as a reliable Internet connection. One-on-one assistance is available to new clients by request.



Telehealth’s providers include 30 California licensed clinical social workers (LCSWs) and MSW interns, who are organized into treatment teams led by a clinical supervisor/faculty member. All clinical supervisors, California LCSWs with an average of 13 years of post-graduate experience, hold faculty appointments in the USC Suzanne Dworak-Peck School of Social Work.

Telehealth serves a broad range of clients with diverse demographic backgrounds and motivations for seeking therapy. The clinic has successfully served more than 2,000 clients and provided nearly 20,000 sessions since its launch in 2012. Our clients include:

- » Middle school, high school, college and graduate students
- » Parents of children with special needs
- » Survivors of intimate partner and domestic violence, sexual assault, and human trafficking
- » Transitional age youth involved with the public child welfare system
- » Active duty military, veterans and their families

Common problems Telehealth can help with include depression, anxiety, post-traumatic stress, substance use, personal life crises, home, work or school related problems and other behavioral health challenges. Services may involve weekly individual sessions over 12 weeks or more.

Appointments are scheduled on a first come, first served basis between **9am and 7pm PST, Monday through Friday**. To refer someone to Telehealth, please call **(866) 740-6502** to speak with a client navigator.

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2012

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